



# Creating joyful resident mealtimes

## Hello!

Welcome back to our Care Home Newsletter. These past few months we have had so many great things happening from The Care Home Awards to our brand new Caterers Campus module launch!

After recently joining the team, I am excited to continue to provide an array of excellent support and value to your everyday care home food offering.

*Emily Butler*  
Customer Marketing  
Manager



## New! Diabetes Module

The latest module to arrive on Caterers Campus...

For Diabetes Awareness Week we launched a brand new module called '**Diabetes: understanding carbohydrates and blood sugar**' which covers:

- Symptoms
- Risk
- Considerations
- Style of diets
- Menu suggestions
- How to cater for it



With 1 in 14 of us dealing with Diabetes, it is crucial to educate ourselves and learn how to cater for it effectively.

## How to get learning...



**New! Catering for Diabetes**  
The latest module to arrive on Caterers Campus...

The course is around 80 minutes, filled with interactive tasks and engaging videos. It's an excellent module to bring your team up to speed on all things Diabetes.

In order to access our latest module, your administrator will need to log into the account and apply it to all users! You can log in [here](#)

Contact your account manager for more support or visit [bidfood.co.uk/care-homes](http://bidfood.co.uk/care-homes)

Creating joyful resident mealtimes







# Healthcare

## Caterer's Campus e-learning



CATERERS CAMPUS

Let us help you cater with confidence



Caterer's Campus is our e-learning platform dedicated to supporting Care caterers with catering for all sorts of needs and diets.

### Modules include:

- Dementia
- Dysphagia and IDDSI
- Hydration
- Menu costing

## Get trendy in your care home - 5 top tips!



Catering within the care setting is full of complexities. Each and every resident has different needs and enjoys different foods.

### Our top tips:

- Experiment with your offering
- Explore new flavours
- Eyes on the chef...
- Enjoy grab & go!
- Encourage joyful mealtimes

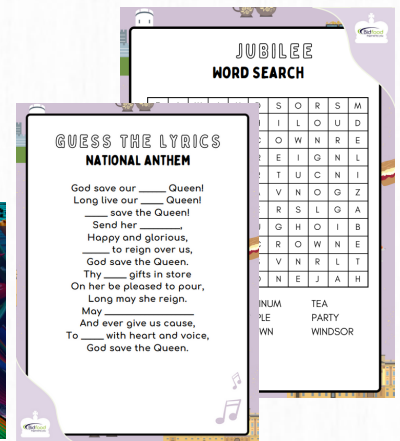


Check out some of our top tips inspired by the high street and how the latest food innovations can be utilised within your care home.

## Key Events

You loved our Jubilee recipes and activity packs. Find more inspiration for events coming up soon.....

Find more events to celebrate here on our [Caterer's Calendar:](#)



Contact your account manager for more support or visit [bidfood.co.uk/care-homes](http://bidfood.co.uk/care-homes)

Creating joyful resident mealtimes

**Bidfood**  
Inspired by you







# Healthcare

## Care Home Awards



The Care Home Awards are benchmarks for innovation and excellence in care business management, care operations and delivery of service, as well as for leading suppliers to the sector.

We were proud to attend and sponsor the award for Outstanding Care Supplier in a Group. Congratulations to the winner Cherrytree, Kara Healthcare!



## We know you're hungry for more

All our support under one roof

Come and visit us on our dedicated Healthcare webpage where you can find all of this support and more.



We have:

- IDDSI guide
- Catering for Dementia
- Catering for Dysphagia
- Care caterers handbook
- Product range
- Care Home recipe book

Work with a supportive wholesaler that's passionate about sharing their expertise, innovation and making life easier for you.

Find our support [here](#).



## Themed Days

We're back with a new care home Theme Days inspiration guide support for September-November!



Creating a menu around a theme is a great way to create joyful resident mealtimes by providing exciting and delicious meals that your residents are sure to remember.

We have recipe inspiration and printable posters for a range of themes including:

- The Greta Effect
- Halloween
- Bonfire Night
- Get Baking



Contact your account manager for more support or visit [bidfood.co.uk/care-homes](http://bidfood.co.uk/care-homes)

Creating joyful resident mealtimes

